

# Camp Long



# **Welcome to Summer** at Camp Long in West Seattle.

#### **Camp Long**

"Jewel of the Emerald City" is one of Seattle's BEST KEPT SECRETS. Located in West Seattle, this 68 acre park offers visitors an opportunity to enjoy nature, hike in the forest, camp overnight in rustic cabins, rock-climb and learn about natural history. Part of Seattle Parks & Recreation, Camp Long is the only city park that offers overnight camping. Please come, visit, relax and enjoy nature right here in the city!

# The Wonder Of Nature Awaits You...

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#### **Camp Long**

5200 35th SW, Seattle, WA 98126

**phone:** (206) 684-7434 **fax:** (206) 684-7435

group program reservations: (206) 684-7479

visit us at http://seattle.gov/parks/email us: camplong@seattle.gov

Check out our website at www.camplong.org

#### **Fall Hours of Operation:**

Tuesdays-Sundays 10am to 6pm

#### **Holiday Closures:**

Independence Day, July 4, 2003 Labor Day, September 1st, 2003

#### Camp Long's Fabulous Facilities!

- 10 Rustic Cabins Available For Rent.
- Lovely Mainlodge Available To Rent For Meetings, Parties, Weddings, Reunions, Etc.
- Hiking Trails &Ponds
- Rock & Glacier Climbing
- Picnic Shelters And Large Camp Fire Ring

#### **New Classes & Programs For All Ages!**

Bring the whole family!

- Backpack Ozette Coastal Loop Trail A Beach Safari!
- Yoga and Nature Awareness for Seniors
- Family Wagon Train Adventure
- Teen Nature Scrapbooking Class

#### **Directions To Camp Long**

Camp Long is located at 5200 35th Ave. SW in West Seattle. Use Bus route #21 to get here.

By car from I-5 take exit 163 – Spokane St./West Seattle Bridge Exit.

From Hwy 99 So. take West Seattle Bridge exit.



Follow the W. Seattle Bridge to the end (Fauntleroy exit) and turn left (South) onto 35th SW. Continue south about 2/3 of a mile up hill and turn left (east) on Dawson St. (Watch for a brown Camp Long sign on the west side of 35th Ave. SW).

Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.



**Department Administrative Staff:** 

Ken Bounds, Parks Superintendent

Herbye White, Director Recreation Support Division

Charles Sablan, Manager

Meet Camp Long's outstanding staff of naturalists, environmental educators and volunteers!

#### Camp Long Staff (206) 684-7434

Terri Arnold, Camp Long Supervisor, 684-7415

Jacinta (Wonder Woman) Talamaivao, Administrative Support

Roy Amdel, Maintenance Laborer

Sheryl Shapiro, Longfellow Watershed Educator 233-2046, www.longfellowcreek.org

#### City Naturalist staff:

Sherry Mathers, Naturalist & Group Program Registrar at 684-7479

#### Naturalist staff at 233-2637:

Jeanie Murphy-Ouellette; Linda Marsh; Hariana Chilstrom

#### **Program Naturalist Staff:**

Rebecca Schroeder; Renee Devine; David Friedman; Brian Herdt; Becca Hardie, Intern

Sandy Beaucage, Volunteer & Program Naturalist

Jeanne Wharnsby, Volunteer

#### Camp Long Advisory Council

Timothy Lowry, President

Laura Tyler, Vice-President

Cecelia MacClure, Treasurer

Sandy Beaucage

Andrew Lofton

Carol DePelecyn

meadows we're establishing at Camp Long. Ages: Children 8 and up welcome, no more than 3 per adult.

here. We'll admire the wildflowers and imagine how

some of the same kinds will look in the long-grass

**Mysterious Mima Mounds** 

#### \$40 per person

Wear comfortable walking shoes, a hat, and sunscreen. Bring binoculars and a camera if you have them. Snacks will be provided; bring water and a bag lunch.

Pre-registration and full payment required by 6/ 21. Meet at Camp Long.

Instructor: Naturalist

**Location: Meet at Camp Long** 

# Wild! Washington Field Trips

#### Sol Duc Hot Springs & Waterfalls

#### Sat, June 7, 8 a.m. through Sun, June 8, 8 p.m.

Come and enjoy a guided car camping trip in Olympic National Park. Explore a leisurely hike to Sol Duc Falls. Savor a camp supper followed by a half day of soaking in the misty comfort of Sol Duc Hot Springs. Relax, rejuvenate and learn the natural history of hot springs, waterfalls and the Olympic peninsula.

Led by Seattle Parks Naturalists/Guides: Rebecca Schroeder and Dave Watness.

Call Camp Long for more info: 206-684-7434 \$150 per person includes transportation, interpretive programs, meals and fees. Scholarships available — inquire at 684-7415 Sign-up and pay by Friday May 23!

Participation is limited to 10 people so sign up soon! Depart Camp Long Saturday 6/7 at 8 a.m. Return to Camp Long Sunday 6/8 by 8 p.m.

**Location: Meet at Camp Long** 

#### **Backpack Ozette's Coastal Loop** A Beach Safari

#### Fri, July 11, 8 a.m. -Sun, July 13, 8 p.m.

Come join Seattle Park Naturalists on an easy 3 miles/day backpack trip. We'll explore a level boardwalk through rich marshes, coastal forest and wilderness beach in Olympic Nat'l Park. Enjoy spectacular low tides of -3.2 & -3.4!!! Look for giant anemone's, walk amidst colorful constellations of seastars, watch for the playful sea otters, admire Wedding Rock petroglyphs and visit Ozette, site of an ancient Makah village.

Departs from Camp Long on Friday 7/11 at 8am. Returns to Camp Long on Sunday 7/13 at 8pm. Ages: Min. Age required is 16. Novices welcome! Must be able to hike with backpack! \$225 per person includes transportation, food,

permits, guides, etc. Scholarships available - inquire at 684-7415 Sign-up and pay by Friday June 27th.

Trip is limited to eight participants so sign up soon! Required Pre-trip meeting

July 6th, 6:00pm at Camp Long!

Instructor: Rebecca Schroeder **Location: Meet at Camp Long** 



#### Take a Walk on a Checkerboard!

#### Sat, August 9 9 a.m.-6:30 p.m.

Beat the August heat in the mountains. Pristine lakes, wetlands brimming with life, miles of rivers, and peaceful old-growth forest still remain among the clearcuts on both sides of I-90. There are berries to pick and orchids to admire while you learn about the public/private attempt to protect a wildlife corridor through the central Cascades. For every mile of track the Northern Pacific Railroad laid to reach Puget Sound, President Lincoln granted them many alternating square miles of land here. Much of this has been clearcut.

Ages: Adults & families with kids 9 and up. No more than two kids per adult. \$40/person

Plan to walk 3 miles and gain a few hundred feet elevation, sometimes off-trail. Wear walking shoes or boots that can get wet, put on sunscreen, and bring a warm layer of clothing. Bring cameras and

binoculars if you have them. Snacks provided; bring water and a bag lunch.

Pre-registration and full payment required by Aug. 2.

Instructor: Naturalist Location: Meet at the Lodge

(206) 684-7434 / camplong@seattle.gov / www.camplong.org

#### Special Events/ Overnights



#### Family Wagon Train Adventure

Sat, July 26, 7:30 a.m. -Sun, July 27, 11:30 a.m.

Journey back in time in horse drawn covered wagons through the Snoqualmie Valley. Travel along forests and meadows, past ponds and small waterfalls. Explore nature and watch birds along the way. Make a western camp near the Snoqualmie River. See how horses are shoed and help care for the horses. Watch Dutch Oven cookery at the chuck wagon and delight in an old fashioned dinner. Nighttime activities include a river walk, music and cowboy stories 'round campfire, star gazing and more. Sleep out under the stars or in tents or tipi. Wake to bird watching or the smell of breakfast cooking on the campfire.

Ages: Adults and families with kids 8 and up Adults \$130, reduced rate of \$110 for first 2 kids 8–16 years. Some scholarships available. A small number of saddle horses available to ride at an extra charge.

Pre-registration and full payment due by July 11,

2003. To register call (206) 684-7434 or email camplong@seattle.gov

Departs Sat 7/26/03 at 7:30 am from Camp Long Returns Sun 7/27/03 about 11:30 am to Camp Long

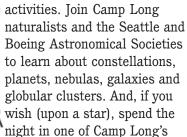
Instructor: Jorgenson Enterprises, Camp Long &

Seward Park Naturalists Location: Fall City, WA

#### **All Night Star Party**

Sat, Aug 23, 7:30 p.m. - Sun, Aug 24, 11 a.m.

Spend a starry starry night exploring the exciting world of astronomy through telescopes and other fun



rustic cabins and enjoy a continental breakfast on Sunday morning.

Evening program without overnight \$12/adult, \$6/child

Overnight in private cabin for 4 includes program, cabin and continental breakfast \$95/group of 4 Pre-registration and full payment required by Monday 8/11.

Instructor: Naturalists Location: Camp Long

#### Nature on Horseback Series

#### **Gentle Woodland Ride**

Sat, June 14 9 a.m.-1:30 p.m.

Enjoy a 2 hour ride through beautiful forests of the lowland Cascades. Stretch your legs and learn about the plants and animals of the Pacific Northwest. Trails are scenic and horses are well trained. Good ride for beginning and intermediate riders.

Ages: Adults and families with youngsters 8 & up \*\$55 per adult \$50 per child(1 adult per 2 youth) Fees include transportation, riding instruction, horse, trail guide, storytelling, snack and nature explorations.

\*Some scholarship support available.

Pre-registration and full payment are due by June 13 CALL CAMP LONG AT (206) 684-7434 or email at camplong@seattle.gov. Space is limited to 8 riders, so sign up soon.

Instructor: Camp Long Naturalist and Jorgenson Enterprises

Location: Meet at Camp Long and van to trailhead

#### Nature on Horseback Series

#### **Woodland Waterfall Ride for** Adults #1

Sun, June 29 12 p.m.-6:30 p.m.

Travel with us into the Cascade Foothills on peppy, well trained saddle horses. Enjoy a refreshing scenic afternoon on woodland trails where deer, covote and other wildlife roam. Ride to a beautiful waterfall and pool where we will explore th natural beauty that surrounds us. This 4 hour ride is for experienced, intermediate riders. Space is limited to 8 riders so sign up now.

**Ages: Adults and Teens** 

\*\$75 per person. Fees include transportation, riding instruction, horse, trail guide, storytelling, snack and nature explorations.

\*Some scholarship support available.

Pre-registration and full payment due by June 24.

Instructor: Camp Long Naturalist and Wranglers from Jorgenson Enterprises

Location: Meet at Camp Long and van to trailhead

#### Woodland Waterfall Ride for Adults #2

Tue, July 8 9 a.m.-4 p.m.

Bring lunch and beverage.

**Ages: Adults and Teens** 

\*\$65 per person Fees include transportation, riding instruction, horse, trail guide, storytelling, snack and nature explorations.

\*Some scholarship support available.

Pre-registration and full payment due by July 1.

Instructor: Camp Long Naturalist and Wranglers

from Jorgenson Enterprises

Location: Meet at Camp Long and van to trailhead

#### Woodland Waterfall Ride for Families # 1

Sun, July 13 12 p.m.-6:30 p.m.

Travel with us into the Cascade Foothills on peppy, well trained saddle horses. Enjoy a refreshing scenic afternoon on woodland trails where deer, covote and other wildlife roam. Ride to a beautiful waterfall and pool. We'll share some nature activities that will open our eyes to the natural beauty that surrounds us. This 4 hour ride is for experienced, intermediate riders. Space is limited to 8 riders so sign up now.

Ages: Adults and families with kids 11 and up (1 adult per 2 kids)

\*\$75 per person. Fees include transportation, riding instruction, horse, trail guide, storytelling, snack and nature explorations.

\*Some scholarship support available.

Pre-registration and full payment due by July 7. Call Camp Long or email at camplong@seattle.gov

Instructor: Camp Long naturalist and wranglers from Jorgenson Enterprises

Location: Meet at Camp Long and van to trailhead

#### Woodland Waterfall Ride for Families #2

Wed, August 6 9 a.m.-4 p.m. Ages: Adults and families with kids 11 and up (1 adult per 2 kids) This 4 hour ride is for experienced, intermediate riders. Space is limited to 8 riders so sign up now.

\*\$65 per person. Fees include transportation, riding instruction, horse, trail guide, storytelling, snack and nature explorations.

\*Some scholarship support available. BRING LUNCH AND A BEVERAGE.

Pre-registration and full payment due by July 30

Instructor: Camp Long naturalist and wranglers from Jorgenson Enterprises

Location: Meet at Camp Long and van to trailhead



#### Nature on Horseback Series

#### **High Country All Day Ride**

Sat, August 23 7:30 a.m.-7 p.m.

Explore the scenic high country of the Cascades on horseback. We'll rendezvous with our Guide, Gerhard Jorgeson, and his wranglers at North Bend for breakfast. Then we'll haul the horses to a trail head to start our highland ride through the beautiful forests of the backcountry. This full day ride takes us to many breath taking sights. We'll pass through a variety of habitats making spontaneous nature breaks all along the way. Come on Cowpokes, let's ride!

Ages: Adults and Teens. This full day ride is for experienced, savvy riders with proven saddle time.

\$110 per person. Fees include transportation, riding instruction, horse, Trail Guide, storytelling, snack, and nature activities. Ride is limited to 8 riders so sign up soon!



Bring breakfast money, lunch and beverage.

Pre-registration and full payment due by Aug. 7.

Instructor: Gerhard Jorgeson, Wranglers and Camp

Long Naturalist

Location: Meet at Camp Long and van to North Bend

#### **Naturalist Strolls**

#### Mee Kwa Mooks Beach Stroll

Thu, June 12 9 a.m.-10:30 a.m.

Explore the beach at low tide searching for seastars, crabs, anemones, sea cucumbers and more. Will we see an octopus? Come help us look!

Ages: Adult and families with kids 6 & up. No more than 2 children per adult please.

\$2 per person. Families with children 6 years and up.

Pre-registration required by Tuesday June 10th.

Instructor: Naturalist

Location: Mee Kwa Mooks Beach

# Early Morning Beach Stroll at Lowman Beach

Thu, July 10 8 a.m.-9:30 a.m.

Start your day with a morning stroll along Loman Beach. Enjoy a -1.6 foot tide and explore the nearby tidepools. Discover transparent ghost shimp, sea anenomes that clone themselves and a myriad of creatures that survive on the edge of the sea.

Ages: Adults and families with kids 6 and up. No more than 2 children per adult please.

\$2 per person.

Bring a jacket and wear footwear that can get wet. We will not be collecting anything natural from the beach.

Location: Meet at Lowman Beach – Beach Drive and 48th SW, Seattle

#### **Dogs in Nature**

Thu, July 24 10 a.m. - 11:30 a.m.

Bring your well-behaved dog on leash for this forest walk that'll give you "paws" for thought. Then let dogs romp and play in the off leash area. See first hand, (or paw) why it's important to leash dogs on trails. Doggie treats provided!!



Preregistration required by Tuesday, July 22

Ages: Adults and families with kids 6 and up. No more than 2 children per adult please.

\$2 per person

Preregistration required. Meet at Westcrest Park.

Instructor: Naturalist
Location: Westcrest Park

#### **Duwamish Park Stroll**

Thu, August 7 10 a.m.-11:30 a.m.

See how the habitat restoration is coming along at this little cove in the Duwamish River. We will look for the tracks of river otters and spot kingfishers, sandpipers, osprey and much more. Bring binoculars or borrow ours!

Ages: Adults and families with children 6 and up. No more than 2 children per adult please.

\$2 per person

Preregistration required by August 6, 2003 Location: Meet at Camp Long lodge

#### **Nature Programs for Seniors**

#### Camp Long and Whidbey Walks

#### Monthly 8 a.m.-4 p.m.

Join Camp Long staff as we venture to Whidbey Island to meet up with Elaine Woods, founder of Whidbey Walks! Elaine will guide us on easy to moderate walks as we learn about the ecosystems of Whidbey Island and the art of walking. We'll discover different Whidbey trails and learn about walking for fitness and fun! Leave the driving to us. Transportation, ferry fee, snacks provided! Please bring a "sit upon" and a sack lunch.



#### Ages: Adults and Seniors \$25 per person

Minimum of 10 people required. Meet at Camp Long. Come prepared for walking in any

weather-wear comfortable shoes and outdoor clothing, please.

Senior Whidbey Walk #1 Sun. June 22 Preregister and pay by June 15.

Senior Whidbey Walk #2 Sun July 27 Pre-register and pay by July 21

Senior Whidbey Walk #3 Sun. August 31 Preregister and pay by August 24.

Instructor: Elaine Woods and Terri Arnold Location: Trip to Whidbey Island

#### **Naturalist Strolls**

#### **Camp Long Stroll**

Thu, August 21 10 a.m.-11:30 a.m.

Enjoy a summer morning at Camp Long. Join us and explore our favorite trails. We'll seek out salamanders, bushtit nests, berries and much more!

Ages: Adults and families with kids 6 and up. No more than 2 children per adult please.

\$2 per person

**Location: Meet at Camp Long lodge** 







#### **Yoga and Nature Awareness** for Seniors

Mon, June 23-Mon, August 25 Mondays 10 a.m.-12:15 p.m.

Yoga is the union of mind, body and spirit. Combine a gentle yoga practice with a relaxing walk in nature to achieve the utmost in relaxation and harmony. Emphasis will be on gentle stretching and breathing, and awareness of the natural world.

Pre-registration required by Friday previous to each class.

Bring an exercise mat and bag lunch if you'd like to picnic after the program.

**Ages: Seniors** 

\$12/class per person or \$60 per person for the series of 6

2 Mondays a month for June, July and August June 23 and June 30 July 7 and July 28

August 18 and August 25

Instructor: Naturalist **Location: Camp Long Lodge** 

#### **Nature Scrapbooking for Seniors!**

Sun, June 29 1 p.m.-3 p.m.

This class is designed for older adults and seniors! Bring 8-10 of your favorite photos and come ready to learn a great new way to store photographs permanently! Add pizazz to those pictures from the

past — let scrapbooking consultant Angele Nelson get you on the road to a great new hobby!

**Ages: Adults and Seniors** \$15 per person class fee \$5 per person materials fee Pre-registration Required by **May 16** 

Instructor: Angele Nelson, Creative Memories Consultant

Location: Main Lodge



#### Weekend Naturalist Series

#### Low Tide Beach Safari

Sat, June 14 10:30 a.m.-12 p.m.

At -3.7, this tide will be waaay out! Discover colorful sea slugs, chitons, feather-duster worms, and many other creatures not seen just any day.

Ages: All ages welcome, no more than 3 children per adult.

\$7.50 per person

Wear shoes that can get wet. Please protect the beach; don't collect natural objects.

Meet at Constellation Beach, on Beach Drive SW just west of 63rd Av SW.

Instructor: Naturalist

**Location: Constellation Beach** 

#### Dad's Day at the Beach

Sun, June 15 11 a.m.-12:30 p.m.

Treat Dad to a beachcombing morning on his special day and one of the lowest tides of the year! Show him the sea life treasures found at low tide — colorful sea stars and anemones, sea slugs and cucumbers, crabs and maybe even octopus! Learn the

amazing survival techniques of these wondrous creatures in such a fragile environment.

Preregistration required by Friday June 13.

\$5 per adult, \$3 per child

Instructor: Naturalist

Location: Mee Kwa Mooks Beach

#### **Enthralling Eagles**

Sat, July 5 2 p.m.-3:30 p.m.

Extend your 4th of July festivities with a celebration of our national bird, the Bald Eagle.

Learn all about eagle life, visit a nearby nest, and look for baby eaglets exercising their wings in preparation for their first flight.

Pre-registration required by Thursday July 3.

\$5 per adult, \$3 per child

Instructor: Naturalist

Location: Start at Camp Long lodge



#### Peering into the Pond

Sat, July 5 2 p.m.-3:30 p.m.

Delve into the depths of Pollywog Pond and discover amazing dragonfilies, fantastic mayflies and voracious water bugs. Examine tiny salamander larvae and learn about their lifecycle. We will use nets to gently catch and then study our creatures under magnification, then release back into the pond.

Ages: Minimum age for children is 6

\$7 per person

Pre-registration required Instructor: Naturallist **Location: Pollywog Pond** 

#### **Scope It Out!**

Sat, August 2 4 p.m.-6 p.m.

Fun with microscopes! If you come to the Bug Love or Water Babies programs, bring in a few animals for a really detailed look.

We'll also do a scavenger hunt for things to magnify. How many joints in a millipede's legs? Does moss really look like a miniature tree? Do tiny creatures live in its branches? See for yourselves.



Ages: Adults & families with kids 5 and up. No more than 2 kids per adult.

\$9 per person

Pre-registration required.

Instructor: Naturalists **Location: The Wonderlab** 

#### **Bugs go to School**

Sat, July 5 10 a.m.-12 p.m.

Would you love to have an insect zoo in your classroom? Learn from an experienced bug-wrangler how to obtain and maintain crickets, crayfish, caterpillars and other critters. This hands-on class includes illustrated instructions for creating healthy habitats using recycled materials and commercial cages. Excellent for teachers and students of home-schools and private and public schools.

Ages: Minimum age for children is 7 \$10 per person

Pre-registration and payment required by June 30.

Instructor: Hariana Chilstrom Location: Wonder Lab

#### **Bug Love**

Sat, August 2 10 a.m.-12 p.m.

A frankly fun, cheerfully candid exploration of how



insects and other animals mate and have babies. Discover the amazing private lives of slugs, earthworms, salamanders, spiders, dragonflies and other wonderful critters at Camp Long. Ages: 6 to adult

#### \$7 per person

Pre-registration required. Instructor: Hariana Chilstrom Location: Main Lodge Room

#### **Water Babies**

Sat, August 2 1 p.m.-3 p.m.

Learn all about baby animals that live in Pollywog Pond. Catch and release baby insects, salamanders and other young critters and find out what they need to survive, what eats them and what they look like when they grow up. Bring a drawing notebook or plain paper so you can sketch what you discover.

Ages: Kids 7 and up to adult

\$7 per person

Pre-registration is required.

Instructor: Naturalist

Location: Meet in the lobby

#### **Chasing Bugs**

Sat, August 16 12:30 p.m.-2 p.m.

Leap after lepidoptera, catch craneflies, spy on spiders and dart after dragonflies. Discover where these critters hang out at Camp Long, what they are

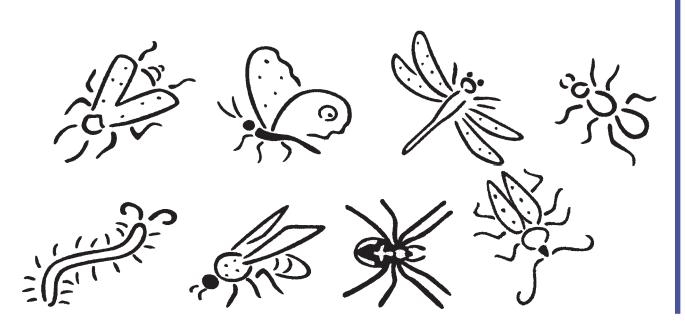
doing there and how they survive. We will use nets to capture the animals and

> examine them under magnification, then release them back into their habitats.

Ages: 5 to adult \$7 per person

Pre-registration required.

Instructor: Naturalist Location: Meet at Front of Lodge



#### **Nature Scrapbooking for Teens!**

#### Sun, June 8 2 p.m.-4 p.m.

Teens — this is a class for you! Bring 8-10 of your favorite photographs and learn how to brighten the memories of your special event!

Angele Nelson, Scrapbooking consultant is going to demonstrate and teach you about the art and hobby



of scrapbooking to preserve your favorite momentos! Sign up now for this fun and creative class!

Ages: 13 years and older \$15 per person class fee \$5 per person materials fee

Instructor: Angele Nelson, Creative Memories Consultant **Location: Main Lodge** 

#### **Basket Weaving**

Sat, June 21 2 p.m.-4:30 p.m.

Not underwater, but in the woods. Celebrate summer solstice by learning an ancient handicraft. Help us remove invasive English ivy from the park, then use your gleanings to make a unique basket to take home. We'll decorate our rustic baskets with intriguingly patterned bark.

Ages: Adults & families with kids 8 and up. No more than two per adult.

\$9 per person

Gloves and clippers will be available, or you can bring your own.

**Pre-registration required.**Instructor: Naturalist

Location: The patio behind the lodge.

# **Nature Scrapbooking** for the Kids!

Sat, August 16 10 a.m.-12 p.m.

Okay Kids — gather up those summer vacation photos and bring them to Camp Long! Angele Nelson will help you put pizazz in your permanent memory scrapbook! Share with friends and family your favorite summer activities...

Ages: Kids 6 to 12 years old \$15 per person class fee \$5 per person materials fee Instructor: Angele Nelson

Location: Main Lodge

#### **Draw Near to Nature**

Sat, August 16 10 a.m.-12 p.m.

Would you like to draw your favorite scene in nature but don't know where to start? Learn how to simplify the details of a natural scene, compose a design and create a finished drawing. The artist instructor will provide a sampling of drawing tools to experiment with, but please bring your own large drawing pad and any favorite tools.

Ages: 7 to adult \$10 per person

Pre-registration and payment required by August 8.

Instructor: Hariana Chilstrom Location: Wonder Lab

# Nature Scrapbooking for the Whole Family!

Sat, July 19

Monthly 10 a.m.-12 p.m.

Scrapbooking consultant Angele Nelson will share tips and tricks to getting those photos and momentos stored permanently in a really fun way! Bring 8-10 of your own photos and learn how to make a scrapbook page of your own! Angele will teach you how to make a theme page or decorate for an occasion. Sign up now — scrapbooking is America's fastest growing hobby!

Ages: Kids 6 years and up, please! \$15 per person class fee \$5 per person materials fee All kids are required to be accompanied by an

Instructor: Angele Nelson, Creative Memories

Consultant

adult or parent.

Location: Main Lodge







#### Summer Tot Walks

#### dates and times as noted

Explore the wonders of nature with your little ones. Discover life in the forest, pond, meadow and beach. Be sure to dress for the weather and wear boots that can get wet and muddy! We will go outside! If the weather is nasty, we will spend some time inside making nature crafts.

Ages: Adults with kids 2 to 5 years old. No more than 2 tots per adult please.

#### \$5 adult, \$3 child

Space is limited so sign up soon.

TOT WALK #1 Thurs. June 5 10:30-11:30am. Preregister by 6/4 at noon.

**TOT WALK #2 Thurs. June 19** 10:30-11:30am. Pre-register by 6/18 at noon.

#### TOT WALK #3 — LOWMAN BEACH WALK

**Thurs. July 3** 1:00-2:00pm. Go to Lowman Beach 48th SW & Beach Drive. Meet at the Swings. Preregister by 7/2 at noon.

**TOT WALK #4 Thurs. July 17** 10:30-11:30am. Pre-register by 7/16 at noon.

**TOT WALK #5 Thurs. August 14** 10:30-11:30am. Pre-register by 8/13 by noon.

TOT WALK #6 — ALKI BEACH WALK Thurs. August 28 11am to noon. Meet at Whale Tail Park on Lander between 57th & 58th SW. Pre-register by

8/27 by noon.

*Please note* — to protect the beach life we will not be collecting any natural objects in our beach explorations.

Instructor: Sandy Beaucage

Location: Meet at the Camp Long Lodge, unless otherwise noted.

#### **Longfellow Creek Happenings**

#### **Longfellow Creek Legacy Trail**

#### Monthly

Join in caring for restored sites along the Legacy Trail! High School community Service credit





available. Ages: All ages welcome. Children under 14 must be accompanied by an adult.

#### Free

Call Shervl at 233-2046 for more information. Monthly, 2nd Saturday of the month: June 21, July 19, Aug 16, Sept 20

Instructor: Sheryl Shapiro and community stewards

Location: Longfellow Creek sites

#### **Longfellow Creek Stewardship Committee**

#### Monthly 6:30 p.m.-8:30 p.m.

Join this working group in organizing projects to care for sites along Longfellow Creek such as planting, mulching, trail building, garden design and more!

Usually 2nd Tues. of the month: Monday June 9th, Tues. July 8, Tues. Aug 12 Contact Sheryl at 233-2046 or shervl.shapiro@seattle.gov or check out www.longfellowcreek.org for information

**Instructor: Community Stewards** Location: Delridge/Westwood

#### Longfellow Creek Happenings

#### **Longfellow Creek Tours**

TBA

Spend a few hours walking along various parts of Longfellow Creek to see the wonderful progress in restoration and the new segments of the Legacy

Ages: All Ages Welcome!

**FREE** 

Scheduled by request for groups. Call Sheryl at 233-2046 for more information.

Instructor: Sheryl Shapiro Location: Various sites

#### LOVE a Parade?!!!

Love a parade? Join in walking in the West Seattle and/or White Center parades in July! Bring your creative ideas and help design/make artwork, costumes, etc. or just sign up to march with us to support Longfellow Creek!

Contact Sheryl at 233-2046 or

sheryl.shapiro@seattle.gov to participate!

Instructor: Sheryl Shapiro

Location: West Seattle/White Center Memories and Photos of Longfellow Creek

Share your memories and photos of Longfellow Creek and its surrounding neighborhoods of Delridge and Westwood! This is an on-going effort, with already 25 interviews completed. We are gathering information for a historical presentation and/or exhibit for the community.

Please contact sheryl at 233-2046 or at sheryl.shapiro @seattle.gov for more information

Instructor: Sheryl Shapiro **Location: Delridge/Westwood** 

# **NEW Longfellow Creek Trail Map**

New Longfellow Creek Trail Map is now available to guide on a three mile stroll or shorter walks.

Please contact Sheryl at 233-2046 or sheryl.shapiro @seattle.gov to request a copy and/ or to schedule a tour for your group.

Free

Instructor: Sheryl Shapiro

#### **Roxhill Bog**

Monthly 10 a.m.-2 p.m.

Help in the on-going restoration of the bog and see the wonderful growth of plants and diversity of wildlife in the ponds!

2nd Saturdays of the month: June 14, July 12, August 8.

Contact Mary at 938-1318 for more information.

Instructor: Community stewards Location: Roxhill Park

# **Longfellow Creek Watershed Council**

Tue, June 3 6:45 p.m.-8:30 p.m.

Meeting of community members interested in the protection and improvement of Longfellow Creek and its surrounding neighborhoods.

Please contact Sheryl at 233-2046 or at sheryl.shapiro@seattle.gov for more information.

Also check out www.longfellowcreek.org

check for summer schedule
Instructor: Sheryl Shapiro
Location: Delridge / Westwood



#### Stewardship Opportunities



#### **Camp Long Seeks Advisory Council Members!**

#### Monthly

Are you looking for a way to volunteer in your community?

Camp Long is seeking individuals from the SW or SE Seattle community who are interested in serving as an advisory council member to Camp Long Environmental Learning Center.

Currently, Camp Long's Advisory Council is made up of six individuals and we would like to add more diversity to the council by including senior citizens, youth and teens, and culturally diverse members.

The Advisory Council meets once per month on the second Wednesday from 7-9 pm in the lodge.

In general, the Council works with Parks Department staff in identifying programs, projects, fundraisers and special events to benefit Camp Long and the mission of environmental education, stewardship and justice.

For more information, please contact: Terri Arnold, Education Programs Supervisor at 684-7415 or Timothy Lowry, Council President at 937-5380.

#### **Ages: Adults**

**Camp Long Advisory Council Monthly Meetings** 

	•
May 14	September 10
June 11	October 8
July 9	November 12
August 13	December 10

#### **Get Out! Removing Invasives** from Camp Long

Sat, June 7-Sat, December 6 Monthly

Looking for High School Service Learning credits? Need to collect Community Service hours? Have extra time for outdoor volunteer work? Well...we have invasives for you! We want to preserve Camp Long's pristine environment by removing the invasive species that move in and take over native habitat. Come out to Camp Long and join our "Get Out Team" to remove holly, laurel and ivy before it's too late! We'll remove the invasives



now and replace with natives in the Fall. Be part of this worthwhile restoration project and feel good about your contribution to environmental stewardship. We'll meet the first Saturday of each month at 10 a.m., work until noon and call it a day! Instructor: Camp Long Staff

**Location: Camp Long Woodland Trails** 

#### Camp Long's Fall Booksale Fundraiser October 11

Sat, October 11-Sun, October 12 10 a.m.-4 p.m.

Camp Long needs your "previously owned" or new books! We're calling for all books, videos, tapes. prints, cd's, or magazines related to nature, environmental education, environmental stewardship, gardening, permaculture, arboriculture, astronomy, botany, science, etc...

Donations will be accepted throughout the summer — the sale will occur October 11th.

Donate your items for a good cause — the program scholarship fund at Camp Long! This fund will help cover the costs of programs or field trips for low income community members — please help!

#### **Night Parties**

# Design your own Nature Night Party! The nightlife is wild at Camp Long!

## Experience Nature at Night . . . Rent a cabin and hire a Naturalist

Round up your family and friends and rent a *cozy* Camp Long cabin! Enjoy a crackling campfire at your cabin. Then venture out into the night with our Naturalists. Look for flying squirrels, keep your eyes peeled for wily red foxes, hunt for salamanders and listen for owls.

- Night hikes through the forests
- Campfire stories and sing-a-longs
- Owl prowls and \*pellet dissections

Naturalist programs are 1 ½ hours long and cost \$60 for 15 people. \* Owl prowls with pellet dissections cost \$25 more to cover the cost of the owl pellets. Program confirmation is based on Naturalist availability. Call (206) 684-7479 to make special arrangements.

**Rustic cabins** can sleep up to 12 people. Cabins have lights, running water, picnic table, stone fire stove and private campfire ring. Rental includes nearby hot showers and kitchen use. Cabins are \$35 per night. **Call (206) 684-7434 to make cabin reservations.** 



#### Camp Long Birthday Parties!

Celebrate your child's birthday in the great outdoors with a Camp Long Nature Party!



Cakes from
Borracchini's bakery!
Homemade ice-cream
from Husky Deli!
Fee: \$150 for up to
15 kids. Includes
nature program, cake,
ice-cream and
decorations.

Choose from these great themes!

#### **Nature Scavenger Hunt**

Search the forest and fields for natural treasures, deciphering clues along the way. Collect your treasures and make a collage to take home.

#### **Rock-Glacier Rappelling**

Get a birthday thrill by rappelling down Camp Long's rock-glacier. Discover how to tie knots and "learn the ropes" so you can safely descend the griant rock slabs!

Fee: \$150 for up to 8 kids\*

Includes use of all climbing equipment, instruction, cake, ice-cream and balloons.

\*each child must be over 8 years old and have a signed waiver from their parent.

#### **Hunters on the Wing**

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? Dissect owl pellets and reconstruct food chains. Hike through the forest searching for roosts and learning owl calls. (Add \$25 for cost of owl pellets)

#### **Pond Party**

Each kid gets a net, water container and field microscope to use at Polliwog Pond. Catching grogs, salamanders, waterboatman and ferocious dragonfly nymphs is fun for kids of all ages! Pond critters will be gently returned to pond.

#### Camp Long Landscape Design Contest!



#### Tue, July 1-Mon, September 15

Camp Long is sponsoring a landscape design contest for the north meadow! If you are interested in participating in this exciting opportunity you can pick up an information packet July 1-July 15.

The packet will include design criteria, desirable garden elements, and instructions for completion. One winner and two runner-ups will be selected by a panel of judges made up of a Camp Long naturalist, a professional interpretive specialist, a community member, and a landscape design professional.

The winner will receive a package of prizes worth approximately \$300 in addition to a personalized plaque in the completed garden.

Camp Long's advisory council will apply for a Neighborhood Matching Fund Grant to install the garden according to design.

### Camp Long Facility Rental & Reservation Information

Camp Long Main Lodge: A fantastic place to host a party, meeting, workshop or special event. The lodge features a brick fireplace, tall ceiling and has a maximum capacity of 72 people. Twelve 6 foot-long banquet tables and 72 chairs included in rental costs.

**Fees**: \$45/hr + \$10 booking fee for private events. Add \$15/hr for rentals held after facility is closed. Add \$60 if serving alcohol. Refundable damage deposit of \$250 (or \$500 with alcohol) required.

Payment of fees and deposit required at time of reservation to hold the reservation.

\*Ask about lower rates for community sponsored events.

Cabin and Shelter Rentals: Camp Long features 10 rustic outdoor cabins that sleep up to 12 people. We also offer two separate covered shelter areas with picnic tables that are perfect for group events. Reservations for private functions can be made, or ask about special programs offered by Camp Long Naturalists that include overnight cabin use.

**Cabin Fees**: \$35/night per cabin. \$50 refundable

damage deposit required.

Shelter Fees: East shelter with 7 tables \$90/day. West shelter with 5 tables \$70/day.

**Rules:** Please check with staff on specific rules for cabin/shelter use. Groups are responsible for



cleaning up all areas used. No pets or electric heaters allowed.

Payment of fees and deposit required at time of reservation to hold the reservation.

Weddings and Special Events: Check out Camp

Long for indoor or combined indoor/outdoor parties, receptions and events. Fees start at \$400 for up to 7 hours of use. Call the Environmental Learning Center at 684-7434 to receive a special brochure and/ or information.

#### Programs for School, After-school & "Scout" Groups

#### **Elementary Programs**

Grades K-6 Program Length: 1.5 hours Times\*: 10:00-11:30 and 12:30-2:00pm Each program meets EALRs for grade level \* negotiable

Programs are adapted for each grade Fee: \$60/15 students (Raptors, Glacier & Watershed Are More) Some scholarship funds may be available for low income people.

#### Raptors-Hunters on the Wing year-round

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? **Dissect owl pellets**, constructing food chains. Hike through the forest searching for roosts and learning owl calls. \$75

#### Discovering Wild Plants year-round

Which animals find stinging nettle delicious? What tree can cure scurvy? How did local tribes use cedar? Learn secrets of plants in a program that grows on you! Program emphasis varies according to EALRs by grade and teacher request.

plant growth, ethnobotany, trees, plant identification, edible/poisonous plants fall leaf color-October only

#### **Incredible Insects** May-October

Bizarre, wonderful, and incredibly fascinating insects live right outside your school-door!

Learn the weird life stories of beetles, dragonflies, bees, true bugs and all their 6-legged relatives.

Students use butterfly and sweep nets, hand lenses and field microscopes to catch and identify insects. Bugs will be released, except for a select few that may be taken back to the classroom for further study.

#### Forest Explorers year-round

From slimy slugs to clever foxes, all life in the forest is inter-dependent. Students explore the forest, learning woodland ecology through **hands-on experiments and discovery.** 

Emphasis may be adapted to meet teacher's needs.

\* Limited programs also available at these parks: Fauntleroy, Lincoln, and Schmitz

#### **Exploring a Watershed** year-round

An exciting all day field trip! Hike the woods to Longfellow Creek exploring life in the forest, pond & salmon stream.. 10:00am-1:30pm \$120/15 students

#### Peering into Polliwog Pond April-October

Delve into the depths of aquatic entomology and discover monstrous dragonfly nymphs, fairy-like mayflies, voracious water bugs and the salamander larvae that eat them. Students will **use nets and field microscopes** to catch and identify pond life, gaining an understanding of developmental metamorphosis of animals and the importance of wetlands.

#### **Birdwatching** year-round

Meet our *Corvus*, our live crow—a wild bird up close! Learn about avian characteristics and adaptations for flight. Hike through forest and meadow looking and listening for birds and searching for their nests. Students will learn proper **use of binoculars**, study stuffed bird specimens and learn local bird songs.

#### **Beach Life** (low tide days April-August)

**Explore** the **intertidal zone** at Mee Kwa Mooks beach (about 1 mile west of Camp Long). Students learn the challenges of life in the tide zone and adaptations animals use to survive. Get to know crabs, seastars, nudibranchs and how they live.

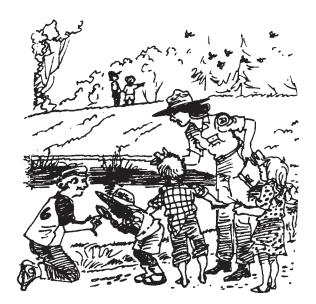
#### Rock Glacier Rappelling year-round

Fee \$150/15 children

Come join us at Camp Long's rock glacier for some fun in learning basic rappelling skills. This program is taught on Camp Long's rock slabs (artificial glacier). Students will work closely

with two climbing instructors to develop introductory technical skills of rappelling, climbing safety, safety equipment use, and knot tying. This will be a boost to self-confidence, responsibility, and trust. The program is two hours long and can accommodate a maximum of 15 students. If it's raining alternate programming provided.





#### **Search for Spiders** September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn spider science, how webs are constructed; and meet some arachnid relatives. In addition to wild native spiders & pseudoscorpions, students will get to meet our live tarantula.

#### **Salmon Homecoming** November

Greet returning Chum Salmon in Longfellow Creek! Students learn about salmon life-cycle in our Wonder Lab and spend time streamside watching spawning salmon.

#### **Northwest Mammals** November-February

Get to know the native and more common mammals of our state. Class inside the Wonder Lab includes examination of study skins, mounts and skulls. Discussions center on adaptations and natural history of each species, followed by a hike through the forest in search of mammal sign and tracks.

#### Where They Go in Winter November-February

Discover adaptations for winter in plants and animals through study in the Wonder Lab next to a cozy fire. Where do the frogs and insects go? How do birds survive the cold? What animals hibernate and which ones migrate? Then bundle up for an investigation of Camp Long's woods in winter

#### **Wildlife Tracking** November-March

Who goes there? Animal footprints in the mud or snow tell a detailed story of animal lives. Learn to decipher the stories animals write in their own hand (and feet) by becoming a track detective. Class in the Wonder Lab includes making plaster prints and solving "what happened here?" stories, followed by a hike in search of tracks and sign.

#### **Maple Sugaring** January and February

Students learn the history, importance and techniques of maple tapping and how to boil down sap into syrup in the Wonder Lab beside a cozy fire. Then it's off into the sugarbush to learn to identify and tap big-leaf maples, with a final stop at the sugarshack to see the boildown process.

#### **Pre-School Programs**

#### **Day Care Groups & Pre-Schools**

1 hour programs Fee \$45/10 children

#### **Animal Homes** year round

Search for nests, holes

and homes in forest and field. Discover what animals live at Camp Long and maybe even find a few at home in the woods. Kids get to use giant magnifiers.

#### **Creep with the Crawlies** May-October

Spy out spiders, chase butterflies and hold beetles. Learn about the lives and habits of all kinds of "bugs" and discover they're not so creepy after all. Kids get to use nets.

#### Poking in the Pond April-October

Dip for salamanders, frogs and exciting water bugs! Learn what animals just live in the pond when they are kids, and who spends their whole life underwater. Wear boots.

#### Search for Spiders September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn how spiders differ from bugs and examine pretty webs. Then pet our **live tarantula!** 

# Camp Long Environmental Learning Center Spring 2003

#### Calendar

June		Thu, July 17
Tue, June 3	Longfellow Creek Watershed	Sat, July 19
rue, june o	Council12	Sun, July 20
Thu, June 5	Summer Tot Walk #111	(T) I 1 24
Sat, June 7	Get Out! Removing Invasives from	Thu, July 24
. 3	Camp Long 13	Sat, July 26
Sat, June 7	Sol Duc Hot Springs & Waterfalls 3	Sun, July 27
Sun, June 8	Nature Scrapbooking for Teens! 10	Angust
Mon, June 9	Longfellow Creek Stewardship Committee	August 2
Wed, June 11	Camp Long Advisory Council Meeting13	Sat, August 2 Sat, August 2
Thu, June 12	Mee Kwa Mooks Beach Stroll 6	Wed, August 6
Sat, June 14	Gentle Woodland Ride 4	wou, mugust o
Sat, June 14	Low Tide Beach Safari 8	Thu, August 7
Sat, June 14	Roxhill Bog12	Fri, August 8
Sun, June 15	Dad's Day at the Beach 8	Sat, August 9
Thu, June 19	Summer Tot Walk #2	Tue, August 12
Sat, June 21	Basket Weaving	
Sat, June 21	Longfellow Creek Legacy Trail 11	Wed, August 1
Sun, June 22	Camp Long and Whidbey Walks #1 7	, 3
Mon, June 23	Yoga and Nature Awareness	Thu, August 1
1,1011, Juno 20	for Seniors	Sat, August 16
Sat, June 28	Mysterious Mima Mounds 3	Sat, August 16
Sun, June 29	Nature Scrapbooking for Seniors! 7	Sat, August 16
Sun, June 29	Woodland Waterfall Ride for	Sun, August 1
, <b>,</b>	Adults #1 5	Thu, August 2
		Sat, August 23
July		Sat, August 23
Tue, July 1	Camp Long Landscape Design Contest!	Thu, August 2
Thu July 2	Summer Tot Walk #3 Beach Walk at	Sun, August 3
Thu, July 3	Lowman Beach11	
Sat, July 5	Bugs go to School	Sneak I
Sat, July 5	Enthralling Eagles	
Sat, July 5	Peering into the Pond	Camp Lo
Tue, July 8	Longfellow Creek Stewardship Committee11	Thu, Septem Monthly
Tue, July 8	Woodland Waterfall Ride for Adults #2 5	Fall is a grea
Wed, July 9	Camp Long Advisory Council Meeting 13	lives and oper Long and rela
Thu, July 10	Early Morning Beach Stroll at Lowman Beach	mative lecture gardening, but
Fri, July 11	Backpack Ozette's Coastal Loop – A Beach Safari	permaculture more.
Sat, July 12	Roxhill Bog12	Third Thursd
Sun, July 13	Woodland Waterfall Ride for Families #	Instructor: Gi
, J -	1 5	Location: Ma

Thu, July 17	Summer Tot Walk #411
Sat, July 19	Longfellow Creek Legacy Trail 11
Sun, July 20	Nature Scrapbooking for the Whole Family!
Thu, July 24	Dogs in Nature 6
Sat, July 26	Family Wagon Train Adventure 4
Sun, July 27	Camp Long and Whidbey Walks #2 7
August	
Sat, August 2	Bug Love
Sat, August 2	Scope It Out! 9
Sat, August 2	Water Babies
Wed, August 6	Woodland Waterfall Ride for Families #2 5
Thu, August 7	Duwamish Park Stroll 6
Fri, August 8	Roxhill Bog12
Sat, August 9	Take a Walk on a Checkerboard! 3
Tue, August 12	Longfellow Creek Stewardship Committee
Wed, August 13	Camp Long Advisory Council Meeting11
Thu, August 14	Summer Tot Walk #511
Sat, August 16	Chasing Bugs9
Sat, August 16	Draw Near to Nature10
Sat, August 16	Longfellow Creek Legacy Trail 11
Sun, August 17	Nature Scrapbooking for the Kids! 10
Thu, August 21	Camp Long Stroll 7
Sat, August 23	All Night Star Party 4
Sat, August 23	High Country All Day Ride 6
Thu, August 28	Summer Tot Walk #6 Beach Walk at Alki Beach11
Sun, August 31	Camp Long and Whidbey Walks #3 7

# Peeks at Fall



#### ong Lecture Series

ber 18 - Thu, November 20

t time for slowing down the pace of our ning up our minds... Come to Camp ax as you hear interesting and infores from experts in the fields of native itterfly gardening, wildlife biology, , birding, trees, Native Peoples and

ay of the month at 7 pm. \$5 per person uest Speakers

in lodge

#### Policies and Procedures

#### **Payment**

We accept Visa, MasterCard and American Express. No cash please. Make checks and money orders out to each facility's advisory council. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. You may pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card.

#### **Fees and Charges**

Each Community Center's Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 years and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

#### **Scholarships**

Scholarships are sometimes available for community center classes and programs. Contact the community center for further information.

#### Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- -Any person who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- -Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.
- -Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before it starts will receive no refund.

Please read the entire policy, available upon request, for specific information.

#### **Wait Lists**

We will create waiting lists for all filled classes. Be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact the facility for space availability.

#### **Class Cancellations**

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, it will be cancelled. We will notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, it will be cancelled.

#### **Ada Compliance**

We will make reasonable accommodation, upon request, for persons with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 233-7061 or TDD 206-386-1921. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

#### **More Information**

For information about Parks and Recreation facilities, recreation programs, picnic shelters and scheduling, please call our Public Information line, 206-684-4075 or email parksinfo@ci.seattle.wa.us. For more information about programs for senior adults, please call 206-684-4951, and about programs for special populations, please call 206-684-4950.



#### Mail-in Registration Form for Camp Long Programs

 $\underline{\text{Mail}}$  your registration and check to Camp Long, 5200 35th Ave. SW, Seattle, WA 98126.

Please make checks payable to Camp Long Advisory Council.

**Email** your registration request and credit card information to camplong@seattle.gov Call (206) 684-7434 for more information.



Please add me to your ma	ailing list. 🔔	Yes				
Registrant Name/Address	Phone	Email address	Age	Program	Date	Fee
If a participant drops a program for which sh/he is registered prior to 2 weeks before the class date, \$1.00 or 10% (which ever is greater) will be retained. If a participant drops a program less than 2 weeks prior to the class date, no refund will be given.  No refunds for participation in a class or program. Full refund for a class cancelled by Camp Long. For full refund; cabin, lodge and wedding cancellation must be made 3 weeks in advance.						
Method of Payment: Check	Visa	VISA	Masterc	ard Massencard		
Full name on the card		I	Expiration	n date:		<del>-</del>
Card number.	Office use: Receipt #					



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